



Preferred Practitioners

These Natural Health practitioners all have a great understanding of the 'High Energy Happiness' programme and approach and have a special interest in working with, and helping people heal from, Adrenal Fatigue. They are registered with Nutriscience, and have full access to the Dr. Wilson range of Adrenal Fatigue supplements. All their contact details are below for easy appointment making!

Kaytee Boyd, [Balanced Wellbeing](#)

John Coombs, [Global Health Clinic](#)

Jane Cronin, [Jane Cronin Naturopathy](#)

Olivia Cartier Graves, [Natural Health & Wellness Clinic](#)

Diana Hardwick-Smith, [Waimarino Natural Health](#)

Helen Hope, [Helen's Natural Health](#)

Juelle Hunt, [Revitalize Health](#)

Kim Knight, [Art of Health](#)

Irene Lok, [NutriActionz Natural Health Clinic](#)

Caroline Marshall, [Cultured Kitchens](#)

Lisbet Molving, [A Sense of Balance](#)

Michelle Owen, [Fitness-n-Function](#)

Robin Rodgers, [Aquarian Healing International](#)

Linda Wooller, [Linda Wooller Naturopathy](#)

Additional Natural Health Practitioner Listings

[Nutriscience-Exclusive Distributors of Dr Wilsons Adrenal Fatigue Products](#)



Kaytee Boyd

Bio-Medical Nutritionist, HLC CHEK Practitioner
Balanced Wellbeing

Level 1, 4 Brown Street, Ponsonby,
Auckland
New Zealand

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www.balancedwellbeing.co.nz

After graduating from Otago University with a double degree in Human Nutrition and Sport Science, Kaytee has continued on with further study under many disciplines within Integrative Medicine. Kaytee has worked in many facets of the health industry for the last 19 years as an exercise professional, strength conditioner, CHEK Holistic Lifestyle Coach, Nutrition Specialist and Sports & Biomedical Nutritionist.

Under the guidance of experienced mentors in specialist areas Kaytee continues to develop her practice holistically and now specializes in adrenal fatigue and CFS, cancer, hormone imbalance, gut, food allergies and everything in between. Kaytee has worked extensively with Dr Wilsons Program for a number of years and has had amazing results with adrenal fatigue and other stress induced conditions.

Kaytee runs seminars, one to one consults, fun cooking sessions and personalised plans.



John Coombs

Managing Director
Global Health Clinics

5 Anzac St, Takapuna, Auckland 0622
New Zealand

09 4880208

www.globalhealthclinics.co.nz

Global Health Clinics run comprehensive holistic health programs, especially dealing with stress, energy, adrenal fatigue, immunity and most chronic health conditions.

We have a large cross section of practitioner expertise, covering a wide range of modalities across the physical, mental and emotional spectrum.



Jane Cronin

Naturopath and Med Herbalist

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www.janenaturopath.com

Jane Cronin has a busy Naturopathic practice in Ponsonby; she is also the Vice President of the NZ Naturopathic Society.

Jane started her career in the corporate world and has a degree in Communication Studies and is a PMI Certified Project Manager. She then decided to follow her passion for natural health. Given her background many of Jane's clients are people who are suffering the effects of stress or burn out.

Jane has also worked extensively in the area of allergies, intolerances and digestive disorders, thyroid imbalances, women's hormonal issues, menopause, blood sugar imbalances, adrenal fatigue, stress and sleep issues. She believes there is a strong correlation between eating foods that do not work for us and our lack of energy and wellbeing.



Olivia Cartier-Graves

Naturopath & Med Herbalist

BHSc (comp med) Dip Nat, Dip Herb Med, NZSN

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New Zealand

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I provide naturopathic health solutions and wellness coaching to individuals and families. I use a combination of evidence based medicine and proven traditional based medicine and methods in treatment of clients. Treatment plans are unique to the person and focus on identifying the cause of the illness while alleviating symptoms. Full support and wellness coaching is part of the process so you develop the tools to take control of your own health.

I am committed to making natural healthcare affordable and accessible to us all and offer a safe, knowledgeable, & professional environment for consultations. I can help with most health conditions, and have a special interest and focus in adrenal fatigue, including stress and anxiety.





Diana Hardwick-Smith,

Naturopath, Med Herbalist, Reg Nurse

Waimarino Natural Health Ltd
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New Zealand
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www.waimarionaturalhealth.co.nz

My career as a health practitioner began with Nursing and Midwifery. I then went on to graduate with a Diploma in Naturopathic and Medical Herbalist in 1993. Since then my practice has evolved and I mainly see women with adrenal fatigue, thyroid problems, and allergies.

I am trained to assess health through tracking a thorough case history and investigating lifestyle, stress factors and dietary habits. All this I have found essential to understanding each client as a whole person, rather than the sufferer of a condition or disease. I apply functional and integrative medicine techniques from functional testing to herbal and nutritional supplementation as well as personalised diet, nutritional/ lifestyle advice.

Louise has summarized in her book the tools that I have found work for my clients. She has focused on the adrenals, which are fundamental glands and if not in optimal health, cascades down to produce a myriad of symptoms.



Helen Hope

Naturopath - Helen's Natural Health

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Auckland, 1071
New Zealand
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Helen is a registered member of the Natural Health Practitioners NZ and has been in practice since 1992.

Helen has studied and trained in many modalities including Iridology, Bio-Energetic & Bio-feedback computerised assessment, "Hemaview" Live Blood Screening, Homeobotanicals & Homotoxicology. Helen has owned Health 2000 stores in Auckland for the last 15 years and is now working from a private clinic.

Early on in her career Helen realised that stress together with hormonal imbalances were becoming more prominent and she developed her own version for 'adrenal support'. In May 2006, at the NZ launch of Dr Wilson's Adrenal Fatigue programme, Helen was excited to see such a comprehensive and scientifically documented programme - making Adrenal Fatigue 'official'. Helen has been using Dr Wilson's Adrenal Fatigue programme since its inception in New Zealand and has been achieving some amazing results.

This unique product range and practitioner support, together, contributes to ensuring the protocol is successful for everyone.



Juelle Hunt

Reg Naturopath & Med Herbalist
(BNatMed) MNZAMH

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My vision is to guide clients to vital health and wellness, I am passionate about supporting and inspiring people on their individual health journey to empower them to attain the best health possible.

I believe in the integrated approach to healthcare including the use of evidence based natural medicine is the best approach for optimal wellness. We focus on identifying and treating the cause of your fatigue and we individualize your naturopathic and nutritional treatments to improve your energy, assist with stabilizing mood, stress management and sleep support to enhance your “whole wellbeing”.



Kim Knight

Chronic Pain and Fatigue Therapist

Art of Health
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Kim Knight, aka ‘The Health and Happiness Mentor’, teaches medication-free solutions for chronic fatigue, adrenal fatigue, fibromyalgia, IBS, insomnia, anxiety, depression and other seemingly inexplicable symptoms. She specializes in the emotional causation of illness and has an extraordinary ability to help people identify and clear the root cause of debilitating pain and fatigue. Her skills are the result of her own recovery from clinical depression and chronic fatigue, combined with 17 years training in mind-body techniques such as Mickel Therapy, The Emotion Code and Energy Psychology.

Kim was nominated for New Zealand Woman of the Year in 2011 for this cutting-edge work. She is based in Auckland and offers sessions and self-help programs in person or remotely worldwide by phone/skype.



Irene Lok

Naturopath, Med Herb, Acupuncture
CA, BHSc (Comp.Med.), Dip. Nat, Dip
Herb.Med, PG Dip (Health Sc)

NutriActionz Natural Health Clinic
23 Fusion Road, Flat Bush, Auckland 2016.
09 2728203

www.nutriactionz.co.nz

Irene is a Chartered Accountant turned naturopath, medical herbalist and acupuncturist after a health tragedy struck her family where her father passed away within 3 weeks of being diagnosed with cancer. This tragedy got Irene to realise the importance of preventative healthcare. She has been involved in the natural health industry since 2005.

Irene specialises in natural medicines for chronic diseases and weight management. Through functional, nutritional and herbal medicine as well as acupuncture, Irene has helped thousands of people regain their health from chronic health issues like chronic fatigue, obesity, hypertension, diabetes, immune disorders, hormonal imbalance, gastrointestinal problems, digestive disorders and cancer. With her expertise in Naturopathy and Traditional Chinese Medicine, she has become the leading natural remedies expert for chronic diseases and weight management in Auckland combining the best of western and eastern natural therapies.

Irene's mission is to educate, inspire and encourage our community to lead healthier, happier lives.



Caroline Marshall

Nutritionist, Naturopath Herbalist
BHSC (Comp Med)

Cultured Kitchens
Eastern suburbs, Auckland
New Zealand
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Through listening to my inner self I had dabbled in natural medicine since being a young child. I have worked with raw foods and traditional diets in various ways since the mid-1980s and have accumulated extensive experience about traditional natural medicine from other cultures including the UK, the Azores, the Mediterranean, southern USA and the Caribbean.

I completed my naturopathy degree in 2007 and for the past year I have been assisting the New Zealand Vodafone Warriors Rugby League team into a traditional nutrition programme. This has led to developing a collaborative *real food* and natural medicine business, with the focus being "let food be thy medicine and medicine be thy food". Watch this space – www.culturedkitchen.co.nz

Personally I have suffered with "burnout" four times in my life and it was during the last time that I discovered Dr Wilsons Adrenal Fatigue program. I have never looked back and integrate his program with many clients with amazing results.

Louisethompson 
Life Coach. Writer. Speaker



Lisbet Molving

Naturopath, Physiotherapist, Acupuncturist
N.D., BSc (Physiotherapy), Post Grad dip TCM
(Acupuncture), Dip Bowen Technique, Dip
Remedial Massage

A Sense of Balance
Island Bay Road, Beach Haven, Auckland, NZ
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lisbet@senseofbalance.co.nz

I graduated as a Naturopath in 1993, specialising in remedial body therapies, and homeopathy. I have since trained as a Physiotherapist and Acupuncturist.

This gives me a broad range of skills from which to choose a suitable modality for your specific needs. My physiotherapy practice is holistic, incorporating Naturopathy by looking at nutritional and lifestyle considerations, alongside exercise, education and therapies such as acupuncture and massage. I seek to uncover an understanding of the whole person; mental, physical, emotional and spiritual, in order to facilitate the healing journey. I support you through this journey smoothing the process with homeopathy, acupuncture, massage, Bowen therapy and nutrition.

We are always, either choosing a path toward health, or away from health. It is my role, I believe, to help guide you to find your own way, and learn which choices are truly healthful.



Michelle Owen

Postural and Wellness Specialist

Fitness-n-Function
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Auckland
New Zealand
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Michelle Owen has worked in the health and fitness industry for over 25 years helping people fulfil their potential and lead healthier lives. She has studied extensively with the C.H.E.K. Institute from San Diego, California, gaining advanced qualifications as a C.H.E.K practitioner with skills in the field of holistic health, corrective and high performance training.

Michelle's specialties include helping clients recover from long-term pain and discomfort, stabilizing and strengthening their bodies and making them fit and functional. She has a functional gym/studio where she has many other great practitioners working as a team. Michelle sees many clients that have underlying stress issues that affect their health in various ways. She works holistically to help them on their road to recovery. Her methods see quick and permanent change.

Michelle is also a member of the National Speakers Association. She presents wellness seminars to groups and corporate and is an experienced keynote speaker on many Health and wellness topics.

We have a panel of sophisticated equipment to test and measure your health and wellbeing, including allergies, thyroid, live blood, biological age, anti-oxidant levels, hormone imbalances, heavy metals, parasites, viruses and more.

Our practitioners are all experienced in their chosen field and work together providing integrated programs for you.



Robin Rodgers

Director

Aquarian Healing International Ltd
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Christchurch
New Zealand
03 338 6340

Robin Rodgers has been a registered Natural Health Practitioner since 1996. Robin has qualified in many different modalities, including being the Founder of Aquarian Healing International, Dip from Germany, in Homotoxicology/Biopuncture therapy, Hypnotherapy, NAET, Hemaview live blood screening plus many other modalities. She has taught in many countries throughout Europe and Australasia.

In 2006 Robin first attended Dr Wilson's Adrenal Fatigue lecture in Christchurch and she has been using this program with many of her patients since this first lecture. She has testimonials from Adrenal Fatigue patients who can attest to the help that Robin has given them, through using Dr James Wilson's products.



Linda Wooller

Naturopath

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Auckland
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Linda Wooller has been in the natural health sector for over thirty years. She is a Naturopath and a Pharmacy Technician, currently working in Pharmacy and has a clinic from home.

Linda became involved in naturopathy when her former husband had chronic fatigue, and she went through the process of getting him well. She studied naturopathy and developed her skills and interest as she went. Since then Linda has had a following of people that she has touched and helped on their way to better health.

Additional Natural Health Practitioner Listings

Kelly McGillivray

Naturopath

East Auckland

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Practitioner Accounts

Nutrisearch are the exclusive distributors of Dr Wilsons Adrenal Fatigue Products in New Zealand and Australia. Can't find a practitioner near you? Contact Nutrisearch below:



Nutrisearch

Nutrisearch Office Hours:

Mon. – Fri. 8.30a.m.- 5.00 p.m NZ Time

Email: info@adrenalfatigue.co.nz

New Zealand Customers:

06 877 7230 or 0800 88 44 33

Australian Customers:

+64 6 877 7230 or 1800 177 959

www.adrenalfatigue.co.nz/contact-us

If you are a qualified practicing Naturopath or Natural Health practitioner you may qualify to open a practitioner account. Contact us for more details.

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